Engaging commuter students during and after the Covid-19 pandemic

Commuter students

While 'commuter students' are not a well-defined group in the UK, the term is gaining currency. It refers to around 25% of the student population who choose to stay in the family home whilst studying in higher education. This distinction is blurred in the current context, in which the majority of students (although not everyone) have been able to return home, and all students are studying remotely. Being a commuter student intersects with other disadvantages however. Commuter students are: 'more likely to be the first generation in their families to enter higher education, have a lower income, be mature and be from an ethnic minority background' (Maguire and Morris 2018, p7). They are also more likely to be from a lower socio-economic group, and to come from a state school (Donnelly and Gamsu 2018). The evidence from a range of studies indicates that commuter students tend to have poorer outcomes than students who relocate to study: lower rates of belonging (Thomas et al 2017); lower rates of continuation (Social Market Foundation 2017, London Higher 2019); less likely to get a 2:1 or 1st class degree (Neves and Hillman 2016); more likely to experience academic failure (Dante, Fabris and Palese 2013); and less likely to be employed in a graduate job (Artess et al 2014). In comparison to students who live in other types of accommodation, students who live at home 'perceive lower value for money' and 'would be less likely to choose the same course and institution again' (Neves and Hillman 2016, p28).

Similarly, commuter students are more likely to be disadvantaged during and after the Covid-19 pandemic, in terms of financial hardship, housing/lack of a quiet study space, digital divide (hardware, software and internet connection), caring responsibilities, health issues and bereavement, plus for black and ethnic minorities in particular, greater likelihood of being affected directly by Covid-19 and additional challenges relating to unconscious bias and racial harassment in their learning experience and more widely (Singh 2020). These factors will contribute to lower engagement, and may reinforce a lack of belonging – which underpins student success in HE.

Tips for inclusive teaching online

Here are some ideas about how to teach more inclusively online.

- 1. Use group and one-to-one activities to introduce students to each other and to staff, and to encourage engagement. For example, this can be done via online tutor group meetings; we found sharing our own personal stories of overcoming challenges to be successful, and student mentors doing the same, helped new students to feel reassured about stepping into a different learning environment. We also used an activity where students shared anonymously 'I want you to know this about me...' and 'You can support me to be successful by...'; this helped prompt conversations.
- Create safe spaces, with ground rules which enable people to participate, and communicate your commitment to diversity and inclusion. We shared some ground rules suggested by student volunteers and invited participants to amend or add to them.
- 3. Promote the use of social media to allow student to keep in touch with each other beyond the formal institutional channels. Students will use social media they feel comfortable with, and this will encourage the informal conversations that are difficult to have through the formal online learning environment.

- 4. Promote active learning through a mixture of synchronous and asynchronous online activities, offering students flexibility in how they engage. Videos and slide decks, audio recordings and documents can be used to transmit information; online fora, blogs and real-time sessions can promote discussion and collaboration. Group activities can be built into the teaching and independent learning. Make sure there are asynchronous options available.
- 5. Review the curriculum and look for ways to diversify and enable students to shape the contents or focus, embed skills. Good practice in inclusive curricular need to be built into the online curriculum. Simple steps include reviewing the reading list, including more diverse examples, case studies and problems, inviting external speakers and finding opportunities for student-led contributions relating to their own interests (see Thomas 2015 for some examples).
- 6. **Provide diverse and flexible assessments to meet learning outcomes**. Traditional modes of assessment have been disrupted, so continue to think creatively about how you assess students. Use a range of methods across the course, and consider flexibility in how students demonstrate learning outcomes.
- 7. **Use feed-forward and feedback to promoting learning and success**. Many students find assessment challenging because they are unsure what is required and don't know the unwritten rules. Unpacking assignment briefs (Cureton et al 2017) is a simple way to ensure all students understand what is required get students to review and discuss the assignment brief in a taught session, then post questions anonymously. Teaching staff can they provide clarification of the issues raised on the module forum for all students.
- 8. **Careful use of language and terminology**. Provide explicit guidance in relation to academic and technical terms; avoid colloquial expressions, jargon and cultural metaphors and humour. Encourage your students to let you know if they don't understand anything you say or write; you could give an example of when you got it wrong.
- 9. Organise one-to-one meetings, which allow students to share challenges. Less time on campus reduces the opportunities for informal interaction, so timetable sessions and other alternatives. Primary Education at Edge Hill have an initiative called 'Just ask me if I'm OK' (based on student feedback and an initiative developed by St Mary's University as part of the What works? Student retention and success change programme). Each student is emailed personally once a month by their tutor and asked if they're OK. Students just have to send by a numerical score 1-9, and those responding with 5 or under are followed up. It gives a guick way to make contact with students and check up on them.
- 10. Have awareness, sensitivity and non-pathologizing view of challenges and offer non-judgemental extensions. Often students need to justify why they should be allowed an extension, but for all of the reasons identified above commuter students may experience particular challenges.
- 11. Additional support services integrated into the curriculum and available 24/7, including pastoral support, academic development, financial support and IT support. The online learning environment throws up new challenges, and fewer opportunities for informal support from peers and others. Families often have very little appreciation of the challenges and issues students experience. Look at ways that you can integrate support opportunities in into the curriculum.

12. **Use this opportunity to review and become more inclusive**. Covid-19 presents many challenges to the delivery of higher education, but it may also provide opportunities to create a more inclusive learning environment.

Please feel free to share your ideas for creating a more inclusive online learning environment.

References and biblography

- Artess, J., McCulloch, A. & Mok, P. (2014) *Learning from Futuretrack: studying and living at home*. BIS Research Paper 167. London: Department for Business, Innovation and Skills.
- Dante, A., Fabris, S., & Palese, A. (2013). Time-to-event analysis of individual variables associated with nursing students' academic failure: A longitudinal study. *Advances in Health Sciences Education: Theory and Practice*. 18 (5), 1047. https://doi.org/10.1007/s10459-013-9448-6.
- Donnelly, M. & Gamsu, S. (2018) *Home and Away social, ethnic and spatial inequalities in student mobility*. London: The Sutton Trust https://www.suttontrust.com/wp-content/uploads/2018/02/Home and away FINAL.pdf.
- London Higher 2019 Commuter students in London: Results of a pilot project on factors affecting continuation. London: London Higher. https://www.londonhigher.ac.uk/wp-content/uploads/2019/08/CSIL Continuation Aug2019.pdf.
- Maguire, D. & Morris, D. (2018) *Homeward Bound: Defining, understanding and aiding 'commuter students'*. Oxford: Higher Education Policy Institute.
- Neves, J. & Hillman, N. (2018) 2018 Student academic experience survey. York: Advance HE.
- Social Market Foundation (2017) *On course for success? Student retention at university*. London: UPP Foundation http://www.smf.co.uk/wp-content/uploads/2017/07/UPP-final-report.pdf.
- Singh, G (2020) Supporting Black, Asian Minority Ethnic (BAME) students during the COVID-19 Crisis.

 Shades of Noir, https://shadesofnoir.org.uk/supporting-black-asian-minority-ethnic-bame-students-during-the-covid-19-crisis/.
- Thomas, L (ed) (2015) *Compendium of effective practice in directed independent learning*. York: Higher Education Academy and Quality Assurance Agency
- Thomas, L (2019) *I am just happy doing the work...* Commuter student engagement in the wider higher education experience. *Higher Education Quarterly* (online)DOI: 10.1111/hequ.12243
- Thomas, L (2018) 'I use my time more wisely...' The implications for learning and teaching in higher education of more 'commuter students'. 10.4995/HEAD18.2018.8165.
- Thomas, L, Hockings, C, Ottoway, J and Jones, R (2015) *Independent learning: student perspectives and experiences*, York: Higher Education Academy.
- Thomas, L, Hill, M, O' Mahony, J and Yorke, M (2017) Supporting student success: Strategies for institutional change. What works? Student retention and success programme. Final report. London: Paul Hamlyn Foundation https://www.phf.org.uk/publications/works-student-retention-success-full/.

Liz Thomas, 5th June 2020