

Follow established effective practice in supporting your students. Act in accordance with the <u>UKAT</u> <u>Core Values of Personal Tutoring and Academic Advising</u>, follow the competencies articulated in the <u>UKAT Professional Framework for Academic Advising</u> and Personal Tutoring, and make use of resources available to personal tutors through UKAT (https://www.ukat.uk).

TUTORING IS ABOUT BEING HUMAN

Students have different needs, pressures, backgrounds, and motivations for learning. Use active listening to focus your attention on what students have to say.



APPLY TUTORING PRINCIPLES AT ALL TIMES

Effective tutoring principles apply to all teaching and learning settings. Call on the information you see and hear in formal and informal settings, inside and outside the classroom.



TUTORING CAN BE BOTH ACADEMIC AND PASTORAL

Effective tutoring acknowledges students' academic and pastoral needs. Recognise the importance of skilled interpersonal conversations that explore both academic and personal goals, as well as the reality that students face.



CONSIDER HOW STUDENTS ENGAGE

Don't limit tutoring to one-to-one meetings. Use group tutorials to promote peer connections, communicate information efficiently. Use the VLE to create flipped tutoring activities which leads to richer student engagement.



SET BOUNDARIES

Tutoring helps students to become independent, boundaries are essential, students have responsibilities too. An open conversation about how you can provide support can help to manage unrealistic expectations.



EMBRACE TECHNOLOGY

Technology can facilitate connections to your students wherever they may be. Use institutional dashboards and data to inform richer learning conversations. Record notes and interactions electronically.



KNOW YOUR LIMITS

Only advise and guide within the limits of your own expertise. Effective tutoring involves active referral to specialist services.



LOOK AFTER YOUR OWN WELLBEING

Use institutional support networks to get support after particularly difficult conversations. Discuss what you see and hear with colleagues, but remember to respect confidentiality. Involve senior colleagues with tricky cases.



CONNECT STUDENTS TO THEIR PEERS

Tutors encourage peer networking by creating group-based learning opportunities, employing peer-learning strategies and championing peer mentoring and peer-assisted study support programmes.





Take advantage of institutional training opportunities. Connect with UKAT's events and resources. Ground your practice in the scholarship of personal tutoring. Seek Professional Recognition of your competency as a tutor.



Based on an article original written for the Times Higher Education Supplement in 2017 by David Grey, UKAT and Emily McIntosh, Middlesex University